TREADMILL STRESS TEST

Your appointment for the Treadmill Stress Test has been scheduled for **_____ at _____ a.m./p.m.** Please check in at the front desk 10-15 minutes early.

ALL PATIENTS: Do not take your blood pressure medicine the day of the treadmill unless otherwise instructed by your provider.

MEN: Bring or wear jogging shorts and shoes appropriate for walking. Cardiosensors (sticky pads) will be placed on your chest, arms, and upper legs. In some instances it may be necessary to shave little spaces for these to conduct the information.

WOMAN: Bring or wear jogging shorts and shoes appropriate for walking. Please do not apply body lotions, oils or powders on the day of the test. We will require a bare chest (no bra or upper undergarments). A hospital gown will be provided so you will be covered during the test.

If you are unable to keep your appointment for your treadmill, please notify our office at least 24 hours in advance.

Thank You.