

Your appointment for a bone densitometry (DEXA scan) has been scheduled for

_____ at _____ AM / PM.

When you check in at the front desk, please let the receptionist know that you are here for a DEXA scan and present the following items:

- completed personal / medical history form (both sides if this is your first DEXA scan);*
- completed Family Practice Group Patient Information form (first DEXA scan only);*
- reports from previous bone densitometry tests done outside of our facility.*

The purpose of a DEXA scan is to give your physician an accurate measurement of your bone density and future fracture risk. It will help your physician to make decisions regarding any necessary treatment as well as aid in monitoring the benefits of that treatment. The scan is a simple, painless, non-invasive procedure that involves minimal x-ray exposure. The entire test will take between 20 and 30 minutes. In preparing for your DEXA scan, please keep the following in mind:

- if there is a possibility you may be pregnant, reschedule your DEXA scan;*
- if you have had an upper or lower GI series, barium enema, or myelogram within seven days of your appointment, reschedule your DEXA scan;*
- if you are currently taking calcium, mineral, or vitamin supplements, please don't take them the day of your DEXA scan;*
- wear comfortable clothing (avoid belts, zippers, metallic buttons and underwire bras).*

If you would like any additional information about your DEXA scan, or need to reschedule your appointment, please contact our office at 238-1000.